

News

Spring 2025



Florence
Nightingale
HOSPICE CHARITY



In this issue...

- Focus on volunteering
- Hospice receives cuddle beds
- Patients' stories
- Upcoming events



Registered with
FUNDRAISING
REGULATOR

fnhospice.org.uk

Telephone: 01296 429975

Florence Nightingale Hospice Charity: Unit 2 Walton Lodge, Walton Street, Aylesbury, HP21 7QY

Welcome to our spring newsletter

Thank you if you have supported us, in whatever way, over the past year.

Your donations, fundraising and sponsorship have helped us commission over £1,400,000 of hospice care across Buckinghamshire and its borders. You have helped us to be there for over 1,300 patients and their loved ones over the past year, giving them the specialist and individual care they need to make the most of every day.

Since January we have increased our Hospice at Home service in the south of Buckinghamshire following a review by the Buckinghamshire, Oxfordshire and Berkshire West Integrated Care Board. This means that our FNH@Home nurses and carers now cover 58% of the county including the Wycombe area. What a wonderful vote of confidence in our hospice services.

We rely on the continued support of individuals, groups, businesses and grant-making organisations to fund a wide range of hospice care both at the Hospice at Stoke Mandeville Hospital and across the community within people's homes in Buckinghamshire.

It has been fantastic to see a full programme of events in the autumn and winter, from the spectacular performance of Annie at Wycombe Swan to our Santa Dashes and Tree of Light service. There have been some incredible fundraising events from supporters including the Haddenham Community Support Group's Fashion Show. We have also enjoyed community events, including Christmas Wrapping and the Open Gardens in Winslow.

Since the Hospice opened over 35 years ago, many thousands of patients and families have accessed our services and support network. In October we celebrated our 35th anniversary with a Gala Dinner. A magical evening at Notley


Abbey paid tribute to the work of staff and volunteers past and present and showed our gratitude to the generosity of so many of our supporters.

We will greatly miss Dr Helen Pegrum, Consultant in Palliative Care based at the Hospice, who is retiring this spring. We would like to thank her for her immense contribution to palliative care in Buckinghamshire and especially at the Hospice over the past 25 years.

We were delighted to open more shops in Aylesbury, totalling fifteen shops across Buckinghamshire. We have also launched a new online shop on Vinted and are preparing for a shop relocation in Buckingham.

Volunteers continue to be at the heart of the Charity, in the Hospice, our shops, our head office and at our fundraising events and we are very grateful to them all.

Thank you again for your support – we could not do all this without you.



Jo Turner, CEO



Spring Newsletter Contents

Page 4: Recap since our last newsletter

Page 5: Hospice improvements

Page 6: Hospice staff and volunteer awards

Page 7: Hospice festivities & Pop-up shop

Page 8: Upcoming events: Florence Fete & Forever Flowers

Page 9: Patient Stories

Page 10: Bedgrove & Gatehouse Way shop openings

Page 11: Launch on Vinted and Wendover shop turns 30

Page 12: 'On the News' & Haddenham shop shortlisted for award

Page 13: Volunteering with our Retail Team

Page 14: School of Rock & AVCO at the Movies Concert

Page 15: Annie & Tree of Light

Page 16: Christmas Wrapping & Christmas Tree Collection

Page 17: Our Santa Dashes & Christmas Appeal

Page 18: Gala Dinner celebrations & Charity joins legacy campaign

Page 19: Volunteering's new management system & Alumni Portal

Page 20: Christmas celebrations for our volunteers

Page 21: Thank you to our sponsors

Page 22: Community fundraising stories

Page 23: Corporate fundraising stories

Page 24: Upcoming activities

Page 25: More upcoming activities

Page 26: Hospice Legacy campaign

Page 27: Patient story



Six month recap

October

Beaconsfield Art Exhibition, Dr Helen Pegrum Wins Award, Hospice Care Week, Hospice's 35th Anniversary Celebrations, Hospice Gardeners Win Award, Gala Dinner, Gatehouse Way Store Opens, Radley Halloween Event

November

Annie Onstage, The Countess Howe Hospice Visit, Speen Helping Hospices Christmas Market, Chiltern View Garden Centre Ice Skating, ITV News at Gatehouse store, Retail Launch Vinted Online Shop, Haddenham Community Support Group Fashion Show, Supporters' Appreciation Evening, Billington Craft Fair

December

Buckingham and High Wycombe Santa Dashes, Tree of Light Service, Pop Up Shop at Day Hospice, Wendover Shop celebrates 30th Birthday, Christmas Appeal, Christmas Gift Wrapping, Hospice & Volunteering Christmas Parties, Nurse Tina Wins Award, Hospice Cuddle Beds installed

January

Christmas Tree Collection Service, New Year Volunteering campaign launch, Bedgrove Shop opens, Room 15 Refurbish, Charity Annual General Meeting
FNH@Home extends coverage to south Bucks

February

Bring a Friend to volunteer in our shops, Student Volunteering Week, Launch of Hospice UK Legacy Campaign, Charity Shop Home Retail Campaign, Matilda Junior Auditions

March

Bring a Friend to volunteer, School of Rock Auditions, Buckingham shop prepares to relocate to new store on Meadow Walk

Hospice Improvements

Cuddle Beds arrive

We received the wonderful gift of two new cuddle beds just before Christmas. Our thanks go to Buckinghamshire Freemasons for organising the Pilgrim's Walk and raising the funds which paid for these beds.

Tracey Batt, IPU Ward Sister, says "Here at the Hospice we never underestimate the power of touch and a hug. We see all the time how being near loved ones offers comfort when it is needed most. We are so thrilled to have been given the opportunity to purchase two Embrace 'Cuddle' beds.



"Being able to offer patients, and those they love the opportunity to lie side by side, to snuggle children up with parents or grandparents, is simply wonderful.

"Within hours of installing these new adaptable beds, we were able to use them to their full advantage when a couple stayed overnight together in the bed. We witnessed the emotional impact and benefit of being able to spend precious time, when

time is short, hugging closely together. It provided us with an insight into how valuable these beds will be to the care we provide to our patients and families.

"We are so grateful to all those who walked many miles on the Pilgrim's Walk, through awful weather, to raise funds which enabled us to purchase these beds. Without them, it simply would not have been possible."

Room 15 makeover

Room 15 offers a living space with an adjoining bedroom containing one of our new cuddle beds. The room has a little more space and provides an extra place for family and friends to stay when spending precious time with their loved one.

Our wonderful Inpatient Unit Nurse Catherine Calder and Volunteer Rosemary Higgs came up with the vision for the room.

A makeover of this scale wouldn't be possible without the support of the local community and we would like to thank:

- The villagers of Little Missenden for raising over £5,000 to redecorate and purchase new furniture and furnishings for the room.
- Heather Breed for upholstering the chairs.

- Su Chases Interiors for providing the curtains and blinds.
- Swyft Home for gifting us the sofa bed and arranging a one-off manufacture through their factory so that we would have the bed in time for Christmas.



Thank you Dr Helen Pegrum

Dr Helen Pegrum, Consultant in Palliative Care based at the Hospice, won the Lifetime Contribution Award at the Buckinghamshire Healthcare NHS Trust (BHT) Awards last year. She has worked in palliative care for over 25 years and has been an inspirational leader. Helen works all over Buckinghamshire, in the community, in hospitals as well as at the Hospice, and was recognised for the significant role she has played at the Hospice and NHS Trust.

Helen describes the role of the Hospice as “wrapping care around the patient” and she has delivered this consistently for over 25 years.

Helen is retiring this spring. We would like to thank her for her immense contribution; she will be greatly missed.



Award for Tina



Congratulations to Tina from our Inpatient Unit who received a Talent for Care Recognition Award from BHT in November.

Her hard work is appreciated by everyone at the Hospice, as well as the patients and their family members that she cares for so brilliantly.

A relative of a patient said “Well deserved Tina. Such lovely caring people at the Hospice who do such a wonderful job in such sad circumstances. Thank you from me and my family for looking after my wonderful Auntie with so much love and care.”

Hospice Gardeners

Our wonderful Volunteer Gardeners were awarded a Gold Award in the Communal Garden category of the Aylesbury in Bloom Awards in September. They work hard all year round, rain or shine, to make the Hospice Garden a wonderful place.

The garden is appreciated and used by patients, visitors and staff. We are so proud to see them recognised for their superb efforts and green fingers!



Celebrating Christmas

Our Day Hospice Team arranged Christmas parties in December for our Day Hospice patients.

This is always one of our favourite occasions, with plenty of festive cheer, games and singing. It was rounded off with a lovely Christmas meal provided by The Bell, Stoke Mandeville. Our Monday party even had an unexpected visit from Santa himself!

It was lovely to see the friendships, care and warmth between patients, staff and volunteers.

Thank you to everyone who made Christmas so special at the Hospice.



Pop-Up Shop

Charmain, Lily and other members of the Retail team visited the Day Hospice in December with a lovely pop-up shop of donated items.

Our patients and staff enjoyed browsing the selection of craft items, stocking fillers, books and gifts. We hope to repeat this experience again next Christmas as it was so popular and our Retail team enjoyed spending time with the Day Hospice patients.





Remember loved ones with

Pink Peonies at Waddesdon Manor

Public viewing: Wednesday 30th April - Sunday 18th May

Private viewing: Monday 28th April



Dedicate a flower at:
fnhospice.org.uk/foreverflowers



Save the Date



Sunday 29th June 2025



William Harding School,
Aylesbury



Alan



Alan had just turned 36, he had a brain tumour and had been in hospital for two weeks before moving to the Hospice. He spent five days at the Hospice in May 2024 surrounded by his wife, Julia, and their three young daughters, Jessica (9), Daniella (6) and Louisa (4).

Julia said "The Hospice was so lovely. It was calm, quiet and peaceful and it's somewhere I'd want to be if I knew my life was coming to an end.

"Alan's room was by the garden so the girls could run in and out of his room and the volunteers made us cups of tea and biscuits. The nurses gave the girls ice lollies and made them feel welcome, allowing them to make their own drinks, read books and draw while they were there.

"The nurses were all so kind and friendly and I spoke to some of them about everything. They took such good care of Alan – trimming his beard, washing him and changing his clothes so he was ready for his visitors."

Eldest daughter, Jessica saw the audition poster for our On Stage production of Annie while visiting the Hospice and immediately asked to sign up to the show. She performed beautifully on stage in October and spoke to the audience after the show.

"I know that the Hospice did everything they could to help Daddy feel comfortable. The staff there were nice and supportive to everyone, it was a magical place. I'm upset my Daddy didn't get a chance to watch me perform in Annie, but I did it for him and the nurses."

Carol

Following a period of illness with ovarian cancer, Carol died in the Hospice in July 2024 aged 76.

Carol lived in Holmer Green with her husband, Terry. She had two daughters, Vanessa and Amanda, a son, Nicholas and six grand-daughters, who she loved spending time with. She loved to knit and made all her granddaughters cardigans when they were babies.

At the end of June, Carol went into hospital, she was very unwell and struggled to take her medication orally. Vanessa asked for her to be moved to the Hospice.

On arrival at the Hospice, the nurses made Carol comfortable in a room overlooking the garden.

Vanessa said "Mum was delighted to be able to see the flowers from her bed, we all visited and spent time with her. For the first time in weeks, she was comfortable enough to fall into a restful sleep.

"The nurses were fantastic, and it was such a warm atmosphere; they treated us all so well and put Mum's needs first. They were amazing, allowing us to come and go as we pleased. We were only there two days, but they felt like extended family members to us.

Jessica said "I would recommend the Hospice to anyone; Mum was comfortable and at peace there. Going into the Hospice was the best thing for her, and we can't thank the nurses enough for their extraordinary care".



New Shops

Gatehouse Way

Our Gatehouse Way store opened in October and was our busiest shop opening ever despite torrential rain!

Gatehouse Way is a very large store which has a wide range of clothing, shoes, accessories, homeware, books and children's toys. There really is something for everyone!

The shop is open every day, with parking outside, making it easy to shop and donate. Visit us at 3a Gatehouse Way, Aylesbury.



Opening times:

9am - 5pm Monday to Saturday

10am - 4pm Sunday



Bedgrove

Our brand new Bedgrove shop opened in January. It's at the heart of the community in Jansel Square and many local people were eagerly anticipating its opening. The opening weekend was very successful with a steady stream of customers throughout the day and lots of positive feedback.

Our friendly team would be pleased to welcome you to the shop, which has a range of clothing, shoes, accessories, homeware, books and children's toys.

The shop is open every day, with free public parking in the square. Visit us at 27 Jansel Square, Bedgrove, Aylesbury.

Opening times:

9am - 5pm Monday to Saturday

10am - 4pm Sunday

To volunteer please email volunteering@fnhospice.org.uk

To find your nearest shop visit: fnhospice.org.uk/our-shops

Wendover shop 30th Birthday

In December, our Wendover shop celebrated its 30th Birthday, having first opened their doors on 8th December 1994. To mark this fantastic milestone, customers enjoyed cakes and a beautiful balloon display. The Wendover team thank all their customers and donors for supporting the shop over the last 30 years. One of our Wendover shop volunteers said:

“Happy Birthday to the Wendover shop and big thanks to Sue and the wonderful team who make it a fun place to volunteer”.



Find us on Vinted

Vinted Launch

In November, our online Sales team were delighted to launch their Vinted page. There is a wide range of quality clothing, handbags and accessories listed. Explore exclusive fashion finds that support our hospice care by visiting www.vinted.co.uk/member/233987604



Join Our Lottery and Make a Difference!

Since 1997, The Hospice Lottery Partnership has been a brilliant fundraising platform, raising an incredible £3 million to support the vital care and services we provide for those who need it most. Across the eight charities they support, the partnership is on the brink of an extraordinary milestone by raising £20 million – and you can help.

There are several easy ways to play The Hospice Lottery, including as a regular weekly subscriber for just £5 a month, buying a single ticket each week, playing the Superdraw Raffles and buying a gift. Scan the QR code to buy your tickets today!



The Hospice Lottery

Did you see us on ITV news?

We were delighted to feature on ITV local news in November.

ITV filmed shoppers and donors at our recently opened Gatehouse Way store in Aylesbury for a news item encouraging more people to donate gifts for children in the run-up to Christmas.

We get fantastic support from our local community wanting to support the Hospice by shopping with us and donating clothes, toys and books that they no longer need.

Our fifteen shops are delighted to welcome your donations year-round, please consider us when you next have a sort out or spring clean.



Haddenham Shortlisted for South East's Favourite Charity Shop

Thank you to everyone who voted for our Haddenham Shop in the UK's Favourite Charity Shop competition. We were delighted to be shortlisted in the South East region.

We had so much support from our community and so many lovely comments - thank you very much.

One of our shoppers said "Well done to the Haddenham team for getting so close! You are a great shop and a fabulous team. I love visiting your shop and it always looks amazing!"

You can find us at Bradmoor Farm in Haddenham, we'd love to see you.



Did you know that we have 15 shops?

Find your nearest shop by visiting fnhospice.org.uk/our-shops

Here you can find details about our opening times, how to get in touch, volunteering opportunities and how to donate.

Volunteer Glynn says...

"I am currently volunteering with the Online Team. I started about two years ago after my wife passed away. The Florence Nightingale Hospice nurses gave her fantastic care in her last few days, and I felt I would like to give something back. It is a decision that I do not regret as it is a great team, and you feel you are doing something useful in generating funds for a special Charity. There is excellent training and plenty of support and advice whilst you are volunteering.

"My role involves putting items on to eBay for sale. What I enjoy most is researching items, be it jewellery, silverware, pottery, glassware, toys or collectables. I'm often surprised at the value of an item and the history of the manufacturer. One of the best things I researched was some Britains Lead 15th Century Knights which sold for £155! Having researched and posted an item on eBay, it's fun watching the price increase during bidding."

Would you like to volunteer with our Online Team? Visit fnhospice.org.uk/volunteer-vacancies/ebay-volunteer to find out more.



Why do you love volunteering in our shops?

"Our shop team feels like a big family!"

"I love volunteering with a caring and appreciative team."

"Volunteering in a Florence shop is rewarding, and I love giving back to the community!"

"There is always something to do in the shop."

"Volunteering has helped my confidence."

"Meeting people, making new friends, getting a bargain, sorting donations, steaming and giving back to the community are all things I love about volunteering in a FNHC shop"

"I volunteer as I like the company of others and making money for a good cause."





An Amateur (Youth Group) production in arrangement
with The Really Useful Group Ltd



THE NEXT GENERATION
**SCHOOL
of
ROCK**
THE MUSICAL

Tickets on
sale soon!

Music by
Andrew Lloyd
Webber

Book by
Julian Fellowes

Lyrics by
Glenn Slater

Based on the Paramount movie written by Mike White

Saturday 9th August
fnhospice.org.uk/schoolofrock



Sunday 8th June 2025 - 4pm
Aylesbury Waterside Theatre

At the
MOVIES

Live orchestra performance of iconic soundtracks

Tickets available at: fnhospice.org.uk/avcoatthemovies



Annie

In November, we brought the musical Annie to Wycombe Swan Theatre. This was a fundraising event with a difference. 100 enthusiastic children and a host of adults performing on stage and supporting behind the scenes, and one girl who had a very special reason for being part of the show.

One of the young performers, Jessica, had seen our audition information at our Hospice when she was visiting her father. Jessica auditioned and performed in the show. She is 9 years old and spoke beautifully afterwards in front of hundreds of people about the treatment her Dad had received, and the kindness of the nurses who had looked after them all. Jessica talked about the Hospice being a magical place. She also talked about the friends she had made while being part of our On Stage community.



We feel very fortunate to bring together so many wonderful children, giving them the opportunity to have a memorable experience and be themselves. Well done to our amazing staff and volunteers who worked so hard to make Annie a success, raising money for the Hospice and creating wonderful memories for all the children.



Thanks to our sponsors and supporters:
Seymour Taylor, B P Collins LLP, Another Answer Books and Accounts, Handelsbanken, Widmer End and District Funeral Directors and Wycombe Sound.
Interested in volunteering at a future show?
Email volunteering@fnhospice.org.uk

Tree of Light

In December, we held our annual Tree of Light service at Roman Park Hall. This event gives hundreds of friends and families the chance to reflect and remember patients who have received hospice care. The service featured poems and reflections from Hospice and Charity staff, as well as volunteers. It also featured beautiful musical performances from The Ellesborough Brass Band, Silver Surfers, Annette Burrows & Jael Ramcharitar and Mia Williams. We hope the service offered comfort and a chance to remember and share those treasured memories of loved ones.

We would like to thank all those that helped put together this special event. Thank you to Sandy for all your help in putting together our technical display. We are also hugely thankful to our sponsors of the event, Aston Commercial Cleaning Ltd and KY Green Funeral Directors.

Finally, a big thank you to Aylesbury Yarn Bombing, who created the very impressive knitted 'Florence Christmas Tree' for the event. The tree was displayed afterwards in the Hospice courtyard garden throughout the festive season to be enjoyed by patients and staff.



Christmas Gift Wrapping

Thank you to the volunteers and local businesses who supported us in December at our Christmas Gift Wrapping stand in Friars Square Shopping Centre in Aylesbury.

Thanks to their hard work and wrapping skills, they raised an amazing £2,455 for the Hospice.

Thank you to everyone who helped us by volunteering and to local shoppers who brought their unique and wonderfully shaped presents to us to be wrapped by our incredible team.



Treecycle

We ran our first Christmas Tree Collection Treecycle service early in January. We would like to say a big thank you to Bucks Tree Surgeons, Buckinghamshire Freemasons and Xpress Labels Ltd who supported us, battling the cold and wet conditions.

The team comprising Jack, Paige, Ewan, Josh, Nana, Rob, Lyn and Carla collected over 200 Christmas trees from across Aylesbury, Winslow and Buckingham, raising over £2,000 for the Hospice. Thank you to everyone who used the service this year.

We are looking forward to increasing our collection service to more local areas next year.

Interested in volunteering in our community?
Email volunteering@fnhospice.org.uk



Buckingham & Wycombe Santa Dashes

We kicked off December in festive style with Santa Dashes in Buckingham and High Wycombe. Unfortunately, Storm Daragh forced us to cancel our planned event in Haddenham.

In Buckingham, we teamed up once again with Buckingham and Stowe Running Club for a successful Dash on Sunday, 1st December. Festive outfits and Santa hats brightened the day, and the weather held long enough to keep everyone dry. Huge thanks to the Running Club for their support and Alcom IT for their sponsorship.

Our first High Wycombe dash took place on Sunday, 15th December, in partnership with Wycombe Wanderers Football Foundation with whom we shared the proceeds. It was a fabulous day, and participants enjoyed running around Adams Park stadium as part of the route. Thank you to Wycombe Wanderers Football Foundation for all their support as well as Origin and David Silvey for their sponsorship.

Overall we were able to raise over £4,400 from both events for the Hospice.

Special thanks to the Buckinghamshire Freemasons for their invaluable help with planning, marshalling, and security across both events.



Christmas Appeal

Thank you to everyone who supported our Christmas Appeal which featured the story of Joanna who died at the Hospice in December 2022.

Joanna, her husband Craig and their two daughters celebrated an early Christmas, exchanging presents, enjoying Christmas dinner and watching The Snowman together on December 16th. They had incredible support in the Inpatient Unit and Day Hospice, and from our creative therapist and chaplain, making hand plaster casts and Christmas decorations.

Craig says: "We did what we could with Christmas that year, we did what we could with the time we had. It was amazing that the Hospice made it

possible for us to have a Christmas Day together and create that memory."

Thanks to the generosity of our wonderful supporters, we raised over £7,000 in our Christmas Appeal. Thank you to everyone who donated, helping ensure that families like Joanna and Craig's receive compassionate hospice care throughout the year.



Gala Dinner

In October we celebrated our Hospice's 35th anniversary with a Gala Dinner at Notley Abbey.

As well as celebrating our anniversary, we raised £14,000 for our Hospice at Home team of nurses and carers, who provide much-needed end of life care across Buckinghamshire.

Our CEO, Jo Turner, paid tribute to the marvellous Dr Helen Pegrum who is Consultant in Palliative Care at the Hospice, where she has worked for 25 years.

Thanks so much to everyone who attended and took part in our auction and raffle. We hope you enjoyed the delicious meal and dancing the night away with doctors and nurses from the Hospice, supporters, volunteers and Charity staff.

Thank you also to all the individuals and companies who generously donated prizes.

To view the full photo album visit:

fnhospice.org.uk/charity-news/our-35th-anniversary-gala-dinner-a-celebration-to-remember/



Can you leave a gift in your Will?

Remember us in your will and help us to provide hospice care for generations to come.

Gifts from wills help us to invest in new services to care for even more patients in the future.

Each year we receive on average £475,000 from legacies. These gifts allow us to commit to investing in new services, helping us to be there for more patients, wherever and whenever they need our care.

Leaving a gift in your will to Florence Nightingale Hospice Charity is an amazing way to ensure others in your community are looked after at a time when they need support the most.

No matter the size, a gift in your will has a huge impact.

If you'd like to find out more visit

fnhospice.org.uk/gift or call 01296 429975.



New Volunteer Management System

The Volunteer Engagement team are busy working on an exciting Volunteer Management System (VMS) project. The new VMS will improve the volunteering experience, making online applications easier, allowing volunteers to access their profiles, register interest in other volunteering opportunities, and easily track and record their volunteering hours.

It will be easier to recruit new volunteers, manage volunteer engagement, generate reports and streamline our processes. It also supports sustainability by moving towards a paperless system, making us more environmentally friendly.

Through this modernisation, we aim to strengthen how volunteers interact with us, ensuring we deliver the best possible experience to those we deeply appreciate.

If you are currently volunteering with us, we will be in touch soon with more details on how this change will benefit you.



Volunteer Alumni Launching Soon

We're excited to announce the launch of our Volunteer Alumni programme in the early part of this year.

The Volunteer Alumni is designed to offer those stepping back from volunteering, for whatever reason, the opportunity to be kept connected with the Charity and its activities. Alumni members will receive volunteer newsletters and be invited to periodic get-togethers, allowing them to maintain their bond with our community.

We deeply value our volunteers, and it's always hard to see someone leave. This initiative is our way of showing that no volunteer is forgotten. Whether past or present, all volunteers deserve to be kept informed about the work of the Charity and Hospice they helped to support.

What's even more exciting is the chance for past and current volunteers to come together at special events. Volunteering often leads to lasting friendships, and we're thrilled to create a space

where friends, old and new, can reconnect and share meaningful time together.

We'd love input from former volunteers to help shape this project. If you're an ex-volunteer and would like to learn more or get involved, please contact us at volunteering@fnhospice.org.uk. We'd be delighted to hear from you!



Find out more about volunteering at fnhospice.org.uk/volunteering

Volunteer Christmas Parties

Our volunteers enjoyed festive nibbles and drinks, a festive quiz, a raffle and wonderful performances from local primary school choirs.

It was great to welcome so many of our volunteers and spend time talking to them about their experiences.

We couldn't provide our services without our volunteers, and we wouldn't want to!



#JustOneThing

Can you do just one thing
for us this year?

Volunteers are vital to ensure that our events are run safely and successfully, so that everyone has a great time helping us raise money for local hospice care.

- Volunteering that fits around you
- Build confidence and experience in a supportive environment
- Events include fairs, walks, community events and theatrical performances



To apply & for more information
please visit:

fnhospice.org.uk/volunteer

#EveryVolunteerCounts

SeymourTaylor

Accountants and Tax Advisers

Together on your journey

Our professional, friendly, and knowledgeable team is committed to partnering with you on your journey to success. Our services include:

- Accountancy Services
- Audit
- Personal and Business Taxation
- Outsourced Accounting Services
- Digital solutions
- Payroll Bureau
- Outsourced Finance Director
- Company Formation and Company Secretarial

Start your journey with us?

Book a free 1 hour discovery meeting.

enquiries@stca.co.uk

01494 552100 • stca.co.uk



Seymour Taylor is a practising name of Seymour Taylor Limited and is registered to carry on audit work and regulated for a range of investment business activities by the Institute of Chartered Accountants in England and Wales.

in f @

ASM

Metal Recycling Ltd



*Recycling today to sustain
our community for tomorrow*



www.asm-recycling.co.uk

Community Fundraisers...Putting the fun into Fundraising

If you have fundraised for us, we're very grateful; every £1.00 that you raised is so important for providing hospice care now and in the future. We love hearing about your challenges and events. Email fundraising@fnhospice.org.uk, we'd be very happy to support you.

Here are just some of our amazing fundraisers:



Well done to **Alan Wright** who completed The Big Half in London on 1st September 2024. Alan ran the 13.1 miles in memory of his mother-in-law, Liz, who sadly died at the Hospice just eleven days before the event. This was Alan's first time running a half marathon and what a fantastic achievement! Alan has raised an amazing £2,096 for the Hospice.

Congratulations and thank you to **Jan** and, of course, her dog **Buddy** who completed the virtual walk of Land's End to John O'Groats – a whopping 1,083.8-mile journey! Jan raised £526.50 for the Hospice and is already planning her next challenge.



Thank you to the organisers of the **Billington Craft Fair**, their event raised an amazing £2,000 for the Charity.

Thank you to the **Fairford Leys Women's Institute** for raising £1,088 from their September Garden Party. The group have been fantastic supporters of the Hospice for numerous years, and we are so grateful for their ongoing support.

We'd like to say a massive thank you to **Radley Windows, Doors & Conservatories Aylesbury** for raising funds for us at their spooky Trick or Treat event in October. They raised a total of £834 for the Hospice.

Wow, thank you **Abigail** for taking part in the 8 mile + Windsor Show Jumping event to raise funds for the Hospice. Abigail raised an impressive £1,200 for the Hospice and we couldn't be more thankful.

In November, **Haddenham Community Support Group** hosted their Fashion Show and Afternoon Tea. The event was a great success, raising £2,350 for the Hospice. We are very grateful for their ongoing support.



In October we thanked **Mr Patel** of Homeware, Waddesdon, with a commemorative glass plaque due to his continued support of the Charity for over 27 years. Thanks to having our collection tub in the shop, Mr Patel has raised over £10,000 in total over the years. Thank you Mr Patel. Here's to another 20+ years!

A big thank you to the **Buckinghamshire Masonic Bowling Association**, who raised £500 for the Charity in 2024.

A big thank you to **Martyn Godfrey** for raising £564 for the Charity. Martyn bravely had his head and beard shaved to raise money in memory of his grandfather who was cared for by our Hospice team.



Congratulations to **Chris, Jeremy, Robert and George**, who completed an amazing two-day cycle ride from Nottingham City Hospital to the Hospice in October. The team raised over £4,000 in memory of Jeremy's mum, Jo, who passed away in the Hospice last year.

Thank You Local Businesses

ASM - The team at ASM Auto Recycling supported FNHC through the festive period raising funds via a Christmas jumper day, bucket collection and contributions at their end-of-year party. The Company also matched the funds raised to make a total donation of £1,369. We have been so lucky to have ASM Auto Recycling and ASM Metals supporting us for several years and we would particularly like to thank Sally Wells (pictured presenting the cheque) for all her support.



Shirley Parsons – 2024 brought in a new connection with the consultancy firm Shirley Parsons, and the team spent the year supporting many events. From volunteering, attending our Midnight Walk, holding a golf day, raffles and attending our 35th anniversary Gala Dinner, the team were with us throughout the year. They have also confirmed we will again be their Charity of the Year for 2025. Thank you so much to everyone at Shirley Parsons. Your support, enthusiasm and fun is infectious, and we are extremely grateful to have your support this coming year.



BWK | Solicitors

PROFESSIONAL SERVICE, PERSONAL TOUCH

BWK Solicitors is a modern law firm with offices in Chalfont St Giles, Stone and Princess Risborough, serving Buckinghamshire and the Chilterns.

Life is a journey and BWK Solicitors can be your lawyers for life. From buying your first home and advising you on co-ownership, life planning including Wills, Trusts and LPAs to Family Law advice. Our Law Firm is here to support you every step of the way.

01296 747151 - bwksolicitors.co.uk - info@bwksolicitors.co.uk



Wills, Trusts
& Probate



Trustee &
Executor
Services



Inheritance
Tax Planning



Power of
Attorney &
Court of
Protection



Residential &
Commercial
Property



Family
Law



Employment
& Settlement
Agreements

Looking Forward



April
2025

Saturday 5th – Saturday 12th

Matilda Junior (Aylesbury)
Rehearsals and Show



Saturday 12th

Easter Egg Tombola



Monday 28th

Forever Flowers Private Viewing, Waddesdon Manor

Wednesday 30th – Sunday 18th May

Forever Flowers Public Viewing,
Waddesdon Manor



May
2025

Monday 5th – Sunday 11th

Dying Matters Awareness Week

Monday 2nd – Sunday 8th

Volunteers' Week

Saturday 7th - Sunday 15th

The Great Big Green Week

Sunday 8th

At the Movies, Aylesbury Vale Concert Orchestra,
Aylesbury Waterside Theatre

Friday 13th

Walk of Light, Waddesdon Manor



Sunday 15th

Marsworth Steam Fair



Sunday 29th

Florence Fete, William Harding School, Aylesbury



July
2025

Wednesday 23rd

Thame Shop 10th Birthday

Friday 25th

Attending Battle Proms, Ascott House



Saturday 26th - Saturday 9th August

School of Rock Rehearsals and Show,
Aylesbury Waterside Theatre





Aug
2025

Monday 25th

Winslow Show

Thursday 28th

Bucks County Show



Sept
2025

Thursday 4th

Golf Day, Lambourne Golf Club

Thursday 25th

Hospice Briefing, Stowe School

Saturday 27th – Sunday 5th October

Sustainable Fashion Week



Oct
2025

Saturday 11th – Saturday 18th

Camino de Santiago Trek

Monday 6th – Sunday 12th

Hospice Care Week



Friday 31st

Radley's Halloween event



Dec
2025

Sunday 7th

Tree of Light, Aylesbury Vineyard

Date tbc

Santa Dashes x3

Friday 19th – Wednesday 24th

Christmas Wrapping



Jan
2026

Wednesday 3rd - Saturday 6th

Treecycle



fnhospice.org.uk/events



Can you leave a
gift in your Will?



**THIS IS
HOSPICE
CARE** ♥

Help it live on for all,
for now, forever.

fnhospice.org.uk/gift

Would you like to share your experience of hospice care?

Do you have a positive experience of the care provided by the Hospice?
Would you like to share this with us?

By sharing your story, you can help raise awareness of the care we provide for patients and their families.



"I remember thinking how peaceful and dignified his death was."

"The care was so amazing, it took such a weight and pressure off us."

"He was surrounded by loved ones, where he wanted to be."



Visit fnhospice.org.uk/hospice-care/share-your-story

There are so many ways that you can support us to develop and deliver services which make such a difference to patients' lives. Please support us in any way you can.

Donate

Donate today



fnhospice.org.uk/donate

Fundraise



Organise your own event or challenge, or join one of our events. Find out more at fnhospice.org.uk/events

Volunteer



There are so many volunteering opportunities available, find out more by visiting fnhospice.org.uk/volunteering



Walk of Light 2025

Together, we walk with a purpose. Will you join us?
fnhospice.org.uk/WOL25

Friday 13th June
6:30pm

- The buzz of the crowd and quiet moments of remembrance - whatever you feel, you won't be alone.
- Every step you take helps to provide comfort, compassion, and support to those who need it most.
- Located at beautiful Waddesdon Manor



Please set up my Regular Gift

I would love to support local patients and their families get the compassionate care they need all year round.

I'd like to make a regular monthly gift of: £5 ☐ £10 ☐ £25 ☐ Other amount

£5 Over a year you pay for a symptom control visit to a patient in their own home

£10 Over a year you could help a patient spend the day at our Day Hospice

£25 each month you could help pay for an hour of nursing care

Starting on 15th 22nd (please circle) Month _____ Year _____

Name(s) of account holder(s)

Name and address of Bank/Building Society

Account no:

Sort code:

Service User Number:



Instruction to your Bank or Building Society

Please pay Florence Nightingale Hospice Charity Direct Debits from the account detailed in this Instruction subject to the safeguards assured by the Direct Debit Guarantee. I understand that this Instruction may remain with Florence Nightingale Hospice Charity and if so, details will be passed electronically to my Bank/Building Society.

Signature(s)

Date __/__/____

Banks and Building Societies may not accept Direct Debit instructions from some types of accounts.

Don't forget to Gift Aid!

giftaid it ☐ **Make my donation a Gift Aid Donation (please tick ✓)**

Boost your donation by 25% for free, plus you'll Gift Aid any donations made to Florence Nightingale Hospice Charity now, in the past 4 years and in the future.

To be eligible for Gift Aid you must be a UK taxpayer and if you pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all your donations in that tax year it is your responsibility to pay any difference.

If you pay income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax.

☐ Are you happy with us to keep in touch with you by email about the impact of your donation and other ways you could support Florence Nightingale Hospice Charity in the future?

Email address: _____

Home address: _____

Phone number: _____




Please return this form in the prepaid envelope provided, or send it to: Florence Nightingale Hospice Charity, Walton Lodge, Walton Street, Aylesbury, HP21 7QY



Alternatively you can donate online at **fnhospice.org.uk/donate**



or scan the QR code 
or call us on: 01296 429975

Please accept my Gift

I would love to support local patients and their families get the compassionate care they need.

I'd like to make a gift of: £10 ☐ £25 ☐ £60 ☐ Other amount

£10 Could help fund an hour of a healthcare assistant's time

£25 Could fund an hour of a nurse's time

£60 Could pay for symptom control visit to patients in their homes

☐ I want to pay by card. Here are my details:

☐ VISA ☐ Mastercard ☐ Charity Card

Cardholder name:

Card number:

Start date:

Expiry date:

Security code

Last three digits on
signature strip

☐ I have enclosed a cheque made payable to Florence Nightingale Hospice Charity.

You can also make a gift online at fnhospice.org.uk or by phone on 01296 429975

Don't forget to Gift Aid!

giftaid it

☐ Make my donation a
Gift Aid Donation
(please tick ☒)

Boost your donation by 25% for free, plus you'll Gift Aid any donations made to Florence Nightingale Hospice Charity now, in the past 4 years and in the future.

To be eligible for Gift Aid you must be a UK taxpayer and if you pay less Income Tax and/or Capital Gains Tax than the amount of Gift Aid claimed on all your donations in that tax year it is your responsibility to pay any difference.

If you pay income Tax at the higher or additional rate and want to receive the additional tax relief due to you, you must include all your Gift Aid donations on your Self-Assessment tax return or ask HM Revenue and Customs to adjust your tax.

☐ Are you happy with us to keep in touch with you by email about the impact of your donation and other ways you could support Florence Nightingale Hospice Charity in the future?

Email address:

Home address:

Phone number:



Please return this form in the prepaid envelope provided, or send it to: Florence Nightingale Hospice Charity, Walton Lodge, Walton Street, Aylesbury, HP21 7QY



Alternatively you can donate online at
fnhospice.org.uk/donate



or scan the QR code
or call us on: 01296 429975

